



## BOOKING FORM FOR BIRTHING WITH CONFIDENCE WOW! HYPNOBIRTHING COURSES (SMALL GROUP)

Name:

Partner's name:

Address:

Telephone: Home:

Mobile:

Email:

Baby due:

How did you hear about us? If "internet", what did you search for?

**Please mark X next to the course you would like to attend: (Z) run by Zana Parker, (B) run by Barbara Wyant**

<b>2-day Hypnobirthing Course</b>	<b>X</b>
Sat 19 October & Sat 26 October (Z)	
Sat 16 November & Sun 17 November (Z)	
Fri 13 December & Sat 14 December (B)	
Fri 17 January & Sat 18 January 2020 (B)	
Fri 21 February & Sat 22 February (Z)	
March TBD (B)	
Fri 17 April & Sat 18 April (Z)	

Our preferred method of payment is by online bank transfer and we will email you the details.

I would like to book the course on the dates marked X above. I understand that the course fee is £248 for the full 2-day course, including book, downloads, additional printed information and refreshments (but not lunch). I agree to make payment online as soon as I receive payment details. I have read and accept the terms and conditions of the cancellation policy on page 3.

Signed ..... Date .....

GDPR: I agree for you to keep my contact information and any personal/sensitive data I supply for the purposes of administering the course and record-keeping, as described at the foot of page 3. I understand that my data will only be seen by Zana/Barbara and will not be shared with anyone else without my consent.

Signed ..... Date .....

**Please email or post your completed booking form to the practitioner running your course**

Barbara Wyant, The Old Quarry, Doctors Hill, Sherfield English, Romsey, SO51 6JX (barbara4c@yahoo.com)

Zana Parker, 43 The Drive, Hounsdown, Southampton, SO40 9EP (info@BirthingWithConfidence.co.uk)



**BOOKING FORM FOR BIRTHING WITH CONFIDENCE**  
**PRIVATE ONE-TO-ONE WOW! HYPNOBIRTHING SESSION(S)**

Name:

Partner's name:

Address:

Telephone: Home:

Mobile:

Email:

Baby due:

How did you hear about us? If "internet", what did you search for?

Please discuss dates, times & venue with your chosen practitioner – Zana or Barbara - and then complete the details below. We can offer courses privately Monday to Friday, daytimes or we may be able to split a day over two evenings, depending on availability.

**Private WOW! Hypnobirthing Session(s)**

Date:

Time:

Booked with: Barbara / Zana

To be held at:

Our preferred method of payment is via electronic bank transfer and we can email you the details.

I would like to book the 1-1 session(s) at the date and time above. I understand that the one-day fee is £250. I agree to make payment as soon as I receive bank transfer details. I have read and accept the terms and conditions of the cancellation policy on page 3.

Signed ..... Date .....

I agree for you to keep my contact information and any personal/sensitive data I supply for the purposes of administering the course and record-keeping, as described at the foot of page 3. I understand that my data will only be seen by Zana/Barbara and will not be shared with anyone else without my consent.

Signed ..... Date .....

**Please email/post your completed booking form to the practitioner running your course:**

Zana Parker, 43 The Drive, Hounslow, Southampton, SO40 9EP (zana.banana1@virginmedia.com)

Barbara Wyant, The Old Quarry, Doctors Hill, Sherfield English, Romsey, SO51 6JX (barbara4c@yahoo.com)



**Terms, Conditions and Cancellation Policy for Birthing with Confidence's  
WOW! Hypnobirthing Courses with Practitioners Zana Parker and Barbara Wyant**

The two-day WOW! Hypnobirthing course with Birthing with Confidence costs £248 for a pregnant woman with/without her birth partner. (We are sorry but a pregnant friend counts as a separate attendee and she will need to book and pay in her own right.)

Private one-to-one courses are offered Monday to Friday subject to availability. A private course provided on a one-to-one basis costs £250 per day for a pregnant woman with/without her birth partner. If the day is held at the Client's home travel up to 10 miles each way from the Practitioner's home is included. If the journey to/from the Practitioner's home to the Client's home is over 10 miles each way the Practitioner will charge 45p per mile for the additional mileage over 10 miles each way. An alternative venue may be agreed between the Practitioner and the Clients. If the alternative venue for a one-to-one class incurs a hire charge this is payable in full by the Clients before the class takes place. If you and a pregnant friend, with birth partners, would like to take the course privately in one of your homes we are happy to offer a generous discount per couple on the private one-to-one day rate. Please enquire.

Course fees, along with any additional mileage charge and venue hire charge if applicable for 1-1 sessions, should be paid in full at time of booking please. If you need to spread the cost of the course and pay in two instalments please talk to us.

If a group or private course is booked and subsequently cancelled in writing or by email by the Client refunds will be supplied as follows:

- 42+ calendar days before the course begins: 75% refund
- 32-41 calendar days: 50%
- 22-31 calendar days: 25%
- 21 calendar days or less or "no show": 0%

In the event of a very premature birth or personal tragedy requests for a refund will be considered on an individual basis. An administration charge may be made. If you book a course that starts within 3 weeks of your due date then no refunds will be made if your baby arrives before the course.

Group courses will be held at the New Forest Wellness Centre in Sherfield English. Your Practitioner will confirm venue details and send directions along with information about what to bring, etc, a few days prior to the course. Each day runs from 10am to 5.30/6pm. Your Practitioner will confirm times with you.

Your first downloadable track will be available as soon as the course fee has been paid in full so that you can experience the benefits straight away. Your course book and remaining downloads will be available at your first session.

In the rare event of your Practitioner being taken ill or being otherwise unable to run your course we shall endeavour to work with you to find the best solution: alternative dates might be offered, or a replacement qualified Practitioner will be found, or you will receive a full refund.

**How we use your data:** We need to collect personal and sensitive data about you in order to respond to your enquiry, provide appropriate information, process your booking and run your course effectively. If you are booking course dates with both Zana and Barbara we may share your data between us to ensure seamless working with the aim of providing our best service to you. Your data will be stored by your practitioner on a combination of mobile phone, email, PC and/or on paper for up to 6 years for insurance and personal accounting purposes. It will not be shared with 3rd parties without your permission except in rare emergency.

## ***Meet your local hypnobirthing practitioners!***



You can trust the quality of your antenatal education with Zana and Barbara. Together they are possibly the most qualified and experienced antenatal educators in the area, having each completed a 3-year professional course in Antenatal Education, alongside qualifications in Hypnobirthing, plus each has additional professional expertise.

Barbara has a passion for helping women and their partners have an empowering, positive birth experience. She is an experienced hypnobirthing practitioner, qualified in RCM accredited Hypnosis for Childbirth. She runs a homebirth group through social media and local meetings. Barbara is a former midwife and created and provided NCT antenatal courses for hundreds of parents for nearly 20 years. She is a clinical hypnotherapist, a member of the General Hypnotherapy Register and registered with the CNHC. As well as offering hypnobirthing courses she also uses hypnotherapy and NLP techniques to help clients overcome fears, anxieties and unwanted habits which may or may not relate to maternity, eg: fear of needles, anxiety about flying, quitting smoking, etc.

**Barbara4c@yahoo.com**

**07948 686 891**

**[www.facebook.com/RomseyRelax](http://www.facebook.com/RomseyRelax)**



Barbara and Zana

Zana has a wealth of knowledge and experience in helping parents plan and prepare for the best possible birth, wherever and however their babies are born. She is an experienced hypnobirthing practitioner, qualified in RCM accredited Hypnosis for Childbirth. Zana has been creating and providing antenatal courses for the NCT since 1996 and has worked with 1000s of parents. She has provided training for student midwives and student hypnobirthing practitioners. She provides private courses and tailored services for groups, couples and individuals. Zana is also a qualified and accredited Counsellor and works 1-1 with women and men, helping with a diverse range of issues and specialising in those relating to pregnancy, birth and parenting.

**[info@birthingwithconfidence.co.uk](mailto:info@birthingwithconfidence.co.uk)**

**07905 658 386**

**[www.facebook.com/BirthingConfidence](http://www.facebook.com/BirthingConfidence)**

**[www.BirthingWithConfidence.co.uk](http://www.BirthingWithConfidence.co.uk)**

